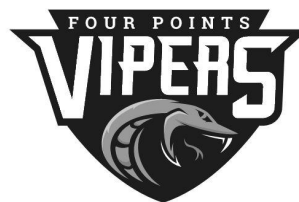
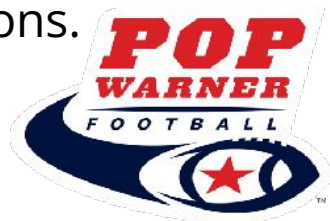




2026 FPPW Cheer Parent Information

Four Points Pop Warner Mission

- **Empower young athletes** with safe and proper skills in tackle football and cheer, emphasizing teamwork, discipline, responsibility, time management, mental toughness, fairness, and fun—lessons they can carry into life.
- **Develop top-tier volunteer coaches** through structured training in technique, fundamentals, and effective communication with families and young athletes.
- **Prepare athletes for the next level** by equipping them with the skills, mindset, and work ethic to succeed in middle and high school programs.
- **Foster community pride and involvement** by building a strong connection to Vandegrift High School, encouraging all residents to support our program and help create a lasting impact for future generations.





Key Dates 2026 Season

- March 1st – Registration Opens
- May 30th – Cheer Uniform Fitting Day
- May 31st - Registration Closes
- June – Cheer Uniform Fittings (if you missed May) TBD
- August 4th – August 11th – Boot camp (mandatory)
- September 2nd – FPPW Pep Rally
- September 4th – Future Viper Night with VHS Vipers run through
- September 5th – First game – LABOR DAY WEEKEND (release of calendar)
- September 16th – Homecoming float and parade
- October – Playoffs
- November 8th – HCPW Cheer Competition/Spectacular
- November – End of Season Party
- November – Regional Cheer Competition (Competition squads only)
- December – National Cheer Competition (Competition squads only)

How Are Cheer Teams Formed?



- The number of coaches we have will determine how many teams we can form.
 - 12 athletes per coach. Waitlists are formed and if not enough coaches, waitlisted athletes are officially released to participate in a different HCPW association.
- If you are interested in coaching or know someone that would like to coach, please contact Cheer Director Tiffany Boggess at 720-280-0209 or email tiffanyvboggess@gmail.com .
- Number of athletes that sign up for each division.
 - Sideline or Competition
- We try to group by grade, however, AGE of cheerleaders as of July 14, 2026 shall determine which team they are assigned to. No exceptions.
 - Tiny mite: K-1st
 - Mitey mite: 2nd-3rd
 - Junior PeeWee/PeeWee: 4th-6th
- **Teams will be determined after registration closes and announced prior to bootcamp

FPPW Cheer Divisions



The participant's age as of **July 14th of the current year** shall determine the team for the upcoming season. No exceptions.

Tiny Mite: 5, 6 & 7

Mitey Mite: 7, 8 & 9

Junior PeeWee: 8, 9, 10 & 11

PeeWee: 9, 10, 11 & 12

Registration determines number of teams formed. We try to group squads by grade level.

FPPW Cheer Divisions



Sideline Divisions (Tiny Mite & Mitey Mite, JPW, PW)

- Perform at all football games during the season
- Practice 1 day/week during school year
- Perform a showcase routine at Hill Country Pop Warner League Competition held in Nov.

Competitive Divisions (Mitey Mite, JPW, PW)

- Perform at all football games during the season
- Practice 1-2 days/week during school year
- Commit to performing at all 3 levels of competition:
 - Hill Country Pop Warner League competition (Nov)
 - Southwest Region (Nov, if qualified)
 - National Championship (Dec in Charlotte, NC, if qualified)



Cheer Competitions



FPPW Cheer

Mandatory Boot Camp Tues Aug. 4th - Tues Aug. 11th (weekdays only)

- 5:00pm – 7:30pm
- Woodlands Park in River Place (8820 Big View Dr.)
 - ** Private Stunt class at Austin Tumbling Academy: Mon Aug. 10th

Regular Season Practices Locations, day, time TBD. Determined by head coaches.(Towne Square, LWBE & Canyon Ridge MS last year)

- Once a week until the end of the season for sideline cheer.
- 1-2 practices a week for competition squads until competitions are completed.

Games on Saturdays

- Games are 1 to 1.5 hours long and the girls are required to be at the field 30 min before kickoff.
- 7 Games during the season plus 2 playoff games
- Our teams may play at any of the HCPW game locations.
- FPPW home field is Monroe Stadium at Vandegrift HS.



FPPW 2026 Season Overview

- Bootcamp - Tue Aug 4th – Tues Aug 11th (weekdays only)
 - 5:00pm - 7:30pm
- Certification – August 22nd
- First Game – Sept 5th (Labor Day Weekend)
- Pep Rally – Sept 2nd @ CRMS
- Future Viper Night @ VHS – Sept 4th
- Homecoming Parade @ VHS – Sept 16th
- HCPW Cheer Competition/Showcase - Nov. 8,
 - Buda, TX (tentative)

****Parents should be prepared to cheer through Mid November for HCPW Championship or extra games****

Homecoming

- Tiny Mites Floats from 2021 & 2022





FPPW Registration Fees

CHEER

- \$550 per participant
- Family discount of \$25 off the registration fee for each additional participant
- Includes:
 - Uniform (shell, skirt, game day bow, breast cancer awareness bows, bootcamp shirt)
 - Poms – borrowed from FPPW
 - \$125 team funds (goes directly to your team to cover bootcamp shirts and bows, awards & trophies, parties and events)
 - \$50 HOA Facility/Field use fee

Cheer Uniforms



- Uniform Fitting Day (you DO NOT need to input measurements while registering)
 - Saturday, May 30th, 2026 10:30a-12:30p
 - 3412 Halsell Court, Austin TX 78732
 - June 2026 - Make up fittings TBD

- Included with registration fee
 - Uniform shell (top) and skirt
 - Game day bow
 - October pink bow
 - Pom Poms - borrowed from FPPW
 - Pink Poms – borrowed from FPPW for October
 - Bootcamp Shirt
- Not included with registration fee
 - White cheer shoes for Game Day and Bootcamp
 - Black briefs/bike shorts for under skirt
 - White ankle socks



FPPW Cheer



Volunteers Needed!

Head Coach / Assistant Coach / Team Mom or Dad

-Must complete YCADA Training course prior to start of the season

YCADA
YOUTH CHEER & DANCE ALLIANCE

About Membership Rules & Scoring Tools Conference Globals Events

WELCOME POP WARNER COACHES!
This is your custom page with YCADA. Please check here often for updates.

ABOUT YCADA COURSES
YCADA Courses begin launching in June... Stay tuned!

The Y100 Series:

- Y101PW - For first time coaches
- Y102PW - Refresher Course taken in the off year of certification
- Y103PW - Recertification course for coaches who have already taken the Y101

The Y201 Coaches Competitive Edge Course: This is an OPTIONAL course for coaches.

The Y300 Series for Judges: Similar to the Y100 series in that veteran judges will not have to go back and take the Y301 judges course to recertify.

- Y301JT - For first time judges
- Y303JT - For veteran judges that have already taken the Y303JT previously

UPCOMING EVENTS

- FEB 24-26, 2023**
YCADA Globals
[View Event](#)
- MAY 11-12, 2023**
YCADA Coaches Conference
[View Event](#)
- JUNE, 2023**
YCADA Courses Begin Launching
[Click a Course Tab Above](#)
- JAN 19-21, 2024**
JAMZ Youth Nationals
[View Event](#)
View All YCADA Certified Event Producers

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YCADA Course Support



Coach Responsibilities

- Learn FPPW cheers. We have videos of each cheer to practice at home.
- One 1.5 - 2 min show routine. For halftime and competition/showcase.
- Run Bootcamp (20 hrs) and practices weekly thereafter.
- Attend all games.
- Attend Hill Country Competition/Showcase.
- Attend Vandegrift Homecoming Parade.
- Team Moms will help with communications with parents.
- **Ensure the cheerleaders have fun!**



Team Parent Responsibilities

- Support your head coach with all parent communication
- Collect paperwork and ensure your team gets certified
- Build team morale during bootcamp and throughout the season
- Coordinate special events like Homecoming and team parties and gifts
- Manage team funds



Tiny Mite Cheer



FPPW On-field Safety



AEDs (Automated External Defibrillator)

- FPPW provides EVERY team with an AED unit.
- Follows them to all games (home or away)

Certified Trainers / Medical Staff

- FPPW provides onsite trainers for all home games @ Monroe stadium.
- Shifts run from first to last game of the day.



FPPW Hydration Policy



Practice Procedure

- Practice: Minimum 15 mins
 - Ice Towels
 - Water
- Bring water bottles
- Water coolers to refill water bottles
- Never refuse - Water within 1 min on request

Dehydration Procedure

- If ANY signs of dehydration, athlete comes out for a minimum of 10 min. Immediately given water and evaluated by safety coach or EMT / doctor (when available)
- If deemed serious, seek medical attention immediately
- If at all in DOUBT, athlete sits out the remainder of the practice / game.



Parent Responsibilities

- Supply 4 Required forms to Team Parent:
 - 2026-2027 PARTICIPANT MEDICAL HISTORY FORM
 - 2026-2027 PARTICIPANT CONTRACT AND PARENTAL CONSENT FORM
 - Copy of official birth certificate
 - Report card with all 4 grading periods - Print out early in the summer before schools roll over to the next school year!
- Ensure your athlete gets to practices:
 - Practices start on August 4th
 - 20 hours required before the first game on Sept. 5th
 - Teams will practice 1 to 2 days/week during school year (varies by team)



Parent Responsibilities

- Follow the Parent Code of Conduct and practice the highest standards of sportsmanship
- Join the Viper Family of Volunteers - it takes a village!
 - Organize a carpool
 - Be a Team Parent
 - Volunteer on game day



FPPW Little Scholars

- FPPW Student Athletes: As part of Hill Country Pop Warner and National Pop Warner, we follow and are consistent with the proof of satisfactory progress in school which is a 2.0 GPA for our student athletes to play.
- Purpose: Pop Warner Little Scholars, Inc. (PWLS) is the only national youth sports organization in America that requires its participants to perform adequately in the classroom before permitting them to play. We believe that the standards we have set give these children a sense of responsibility and an appreciation for academics and athletics that will help them develop later in life.



All American Designation

Each year, the most academically accomplished Pop Warner kids compete for **Academic All-American status**.

The PWLS All-American Program requires a minimum 96% GPA to apply for All-American status.

ALL-AMERICAN SELECTION PROCESS:

- All-American Scholars are scored on a 118 point scale: 100 points (85%) for the student's grades for the prior school year and 18 points (15%) for the attached Addendum sheet of activities and achievements.
- Once the scores have been calculated, First Team All-Americans are selected. The top 35 football players and 35 cheerleaders per grade (plus ties) are selected as National First Team All-Americans.
- Second Team All-Americans are then determined by Pop Warner based upon the number of applications that were submitted for that year.
- Applicants who are not selected as 2nd Team All-Americans are named Honorable Mention Scholars in recognition of qualifying for this prestigious academic achievement.

Each scholar will receive a congratulatory letter from Pop Warner indicating their scholastic accomplishment, and a certificate of achievement for National All-Americans.



"Our daughter Grace has enjoyed three seasons of Pop Warner cheer. Each season she makes new friends and learns new skills. This is a great way to get to know your community and support local athletes." Ginger L.



Tier Sponsorships



FOOTBALL & CHEER



Scholar & Family



SPONSORSHIPS

Our program serves roughly 200 athletes from the Steiner Ranch, Four Points, River Place, and Grandview Hills communities, areas known for active families, strong community, and a deep commitment to creating positive experiences for their kids.

FPPW athletes and families interact with opponents and community members across nearly 2,000 square miles of Greater Austin each season. When local businesses support Viper Nation, they're reaching thousands of local families throughout the region.

Put your brand in motion and connect your business to the heart of youth sports across Central Texas.

fppw.org/be-a-sponsor	MVP \$3,500	VIPER \$2,500	BLACK \$1,500	SILVER \$750	SCHOLAR \$500	FAMILY \$250
Logo on Team Field Tent Banners (brand visibility at home & away games) <small>*Upgrade to a 2yr sponsorship for exclusive sponsor logo rights on 1 field tent canopy (\$2,000)</small>						
Logo on Football Hype Shirts (~100 athletes)						
Logo on Player Water Bottle (~200 athletes)						
Logo on Game Day Sponsor Banner						
Logo on Individual Game Day Sponsor Banner						
Logo with active link on FPPW Sponsor Page	 <small>HOME OF SPONSOR</small>					
PA Announcement at Home Games						
PA Announcement at FPPW Pep Rally						
Sponsor Spotlight Social Post	(3)	(3)	(2)	(1)		
End of Season Sponsor Appreciation Email & Social Post						
Access to the family sponsorship exclusive shaded seating during home games for you and your family (Viper Pit)						
2 FPPW Stadium Cushions						
FPPW Viper SWAG						
Family Name Listed on FPPW Sponsor Page						

FPPW VIPER SPONSORSHIPS - FALL 2026

- See www.fppw.org for more details on what each level entails
- Email kettiprout@gmail.com for questions or to become a sponsor



FPPW Fundraising

We will send additional information as we get closer to the start of the season, but this will simply be reaching out to family members, relatives and friends who may have an interest in supporting our program.



FPPW Registration Opened 3/1

WWW.FPPW.ORG

Minimum deposit required at registration

- Half of registration fee
- Remainder due by July 1st

Financial Assistance

- Limited partial scholarships of up to half of registration fee are available (\$187.50)
- Email scholarships@fppw.org for information and application
- Scholarship application deadline 5/31/2026



Thank you!